

San Francisco Fire Department

Neighborhood Emergency Response Team Training



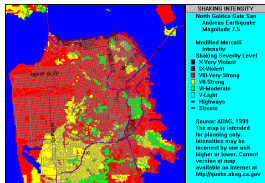
The "Big One" vs. The "Little One"

- Single House/Apartment Fire
- Car Accident
- Mud Slide
- Power Outage
- 6.7 or greater Quake

Which one is the "little one" when it happens to **you**!



Earthquake Threat



- 62% of 6.7+ EQ
- 39K uninhabitable housing units
- 15 large fires
- 1500 - 8000 deaths
- 42,000 jobs lost
- \$170-220 billion

Source: Summary Background Report ABAG Studies

Loma Prieta 1989

San Francisco Alone

- 34 Structure Fires
- 4 Major Rescues
- 30 Buildings Collapse
- 91 Buildings Condemned
- 150 Water Main Breaks
- Hundreds of People Injured
- 11 People Died



What Can You Expect?

**DISRUPTION OF
CITY SERVICES
&
TRANSPORTATION**



What Should You Do?

**Drop
Cover
and
Hold On!**

If Inside

- Stay inside
 - don't go from the known to the unknown
- Get under a desk or table
 - something that will create a void space
- Move about as little as possible

Earthquake Preparation



Water

If needed, add 2-4 drops of unscented bleach to purify 1 quart of water.



Water

- Recommended minimum:
1 gallon, per person,
per day for 5 days
- Sources of water ?
 - Water heater, ice
cubes, canned
vegetables,
toilet tank (washing
only)



Food



First Aid Supplies

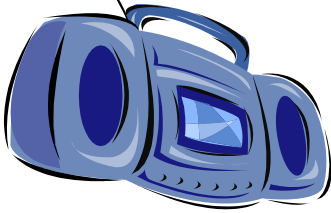


Sanitation



Communication

(Your local emergency radio station here)



Comfortable Shoes



And Don't Forget...



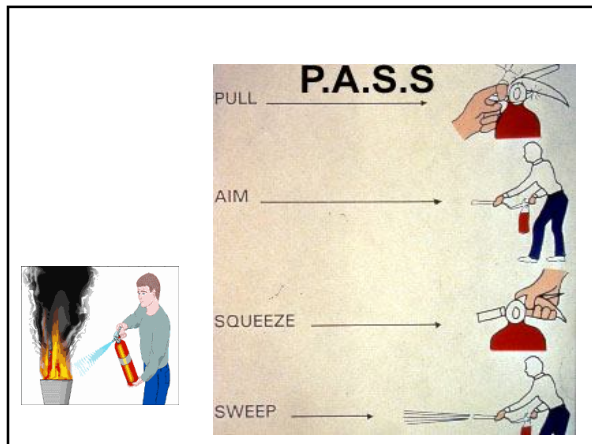
Recommended Extinguisher

3-A:40 B:C

Should be equipped with a hose and a metal top








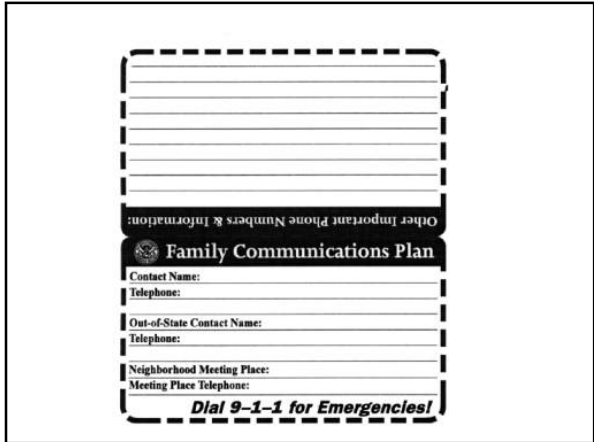
Pets

- Food and extra water
- Pet carrier



Create A Personal Disaster Plan

- Discuss possible disasters
- Make sure everyone knows about your supply kit and your Go-Kits
- Determine escape routes (identify two)
- Pick two meeting places
- Identify an out of state contact person
- Create emergency response cards with the above information



What is NERT

- The goal of this program is to help residents of San Francisco to be self sufficient in a major disaster situation.
- Through this program, individuals will learn hands-on disaster skills.
- Prepares individuals to respond to a personal emergency or as an adjunct to the SFFD response as part of a neighborhood team.

NERT Curriculum

- Class Session #1...
Earthquake awareness,
preparedness and hazard mitigation
- Class Session #2...
Basic disaster skills
Fire extinguishers/behavior
Utilities shut-offs

NERT Curriculum

- Class Session #3...
Disaster medicine
- Class Session #4...
Light search and rescue

NERT Curriculum

- Class Session #5...
Team organization and management
Disaster Psychology
Terrorism & NERT
- Class Session #6...
Hands-on training
Skills development and application
